



## VEGA VOYAGE TEACHER TRAINING PROGRAM

### Music & Movement Workshop

#### Igniting Expression, Energy & Learning Through Rhythm and Motion

#### Back by Popular Demand!

Following the tremendous response to our previous workshops, Vega Voyage is delighted to announce the return of our highly sought-after Music & Movement training session, now available online for educators across the globe.

#### About the Workshop

In today's rapidly evolving educational landscape, music and movement have transcended their traditional roles as supplementary activities. Research consistently demonstrates that integrating rhythm and motion into learning environments significantly enhances:

- **Language and Communication Skills** - Building vocabulary and expressive abilities through musical engagement
- **Behavioral and Emotional Regulation** - Fostering self-awareness and managing emotions effectively
- **Academic Performance and Classroom Engagement** - Improving focus, memory retention, and active participation
- **Overall Development** - Supporting cognitive, social, and physical growth holistically

Music and movement are no longer merely "breaks" in the learning day, they are essential catalysts for holistic development and 21st-century skill building.

#### Workshop Details

**Date:** 7th January 2026

**Time:** 10:00 AM to 12:00 PM (IST)

**Mode:** Online (Accessible Globally)

**Investment:** ₹550 per participant

**Certificate:** All participants will receive a Certificate.

#### Who Should Attend?

This workshop has been thoughtfully designed for:

- Pre-Primary Teachers
- Early Childhood Educators
- Nursery and Kindergarten Educators
- Learning Leaders working with young learners
- Anyone passionate about innovative, learner-centred pedagogies

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#### Vega Schools:

Near Eldeco Mansionz, Sohna Road, Sector 48, Gurgaon 122 018, Tel. +91-11-9999 711 335

Sector 76 Campus, Near Emaar Palm Heights, Sector 76, Gurugram – 122 004 Tel. +91-11-9999 711 335

**CIN** U70100DL2011NPL226678, **website:** [www.vega.edu.in](http://www.vega.edu.in), **email:** [cs.vega@vega.edu.in](mailto:cs.vega@vega.edu.in)

## What You'll Gain

Through this interactive online session, participants will:

- Understand the neuroscience behind music and movement in early learning
- Explore practical, classroom-ready activities that integrate rhythm and motion
- Learn strategies to enhance coordination, memory, and cognitive development
- Discover techniques for fostering emotional intelligence and behavioral regulation
- Connect with a global community of progressive educators


## About Vega Voyage

Vega Voyage is our flagship teacher training initiative dedicated to empowering educators with contemporary skills and innovative pedagogies that are relevant and transformative in today's education system. As part of our commitment to educational excellence at Vega Schools, we continuously invest in professional development opportunities that nurture learning leaders who are warm, kind, curious, and unshackled by conventional methods.

## Registration

**Secure your spot today!**

 **Register Here:** <https://tinyurl.com/mu88pe87>

 **For Queries:** +91-9205059619 Email : [manali.malik@vega.edu.in](mailto:manali.malik@vega.edu.in)

## Join the Movement

Be part of a vibrant community of educators committed to transforming learning experiences through innovation, creativity, and evidence-based practices. Whether you're beginning your teaching journey or seeking to enhance your existing skillset, this workshop promises valuable insights and practical tools that will make an immediate impact in your classroom.

Let's start 2026 with fresh energy, renewed passion, and a commitment to empowering the next generation of learners through the transformative power of music and movement.

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